



LAMPROS LAMPROGIANNIS M.D., M.SC., PH.D., F.E.B.O.

PROFILE

Proficient Ophthalmologist with extensive experience in Paediatric Ophthalmology. Independent clinic work, independent strabismus surgery, extensive experience in IT and administration work.

E-MAIL

lamprogiannis@ophthalmica.gr

PEDIATRIC OPHTHALMOLOGIST
28/08/1980

EDUCATION

Hellenic Open University

2021

M.Sc. in Health Management

Aristotle University of Thessaloniki

2020

Ph.D. in Medicine

Hellenic Republic

2015

CCT in Ophthalmology

European Board of Ophthalmology

2014

EBO diploma

Aristotle University of Thessaloniki

2013

M.Sc. in Nanosciences and Nanotechnology

Aristotle University of Thessaloniki

2012

B.Sc. in Political Science

Aristotle University of Thessaloniki

2005

Medical Degree

WORK EXPERIENCE

North Middlesex University Hospital
Locum Consultant in Paediatric Ophthalmology
9/2021-present time

I currently serve as a pediatric Ophthalmologist at a Consultant level. I run outpatient clinics, I am responsible for the ROP screening, and I supervise the Deanery trainees. I have a regular pediatric theatre list.

Great Ormond Street Hospital
Senior Clinical Fellow in Pediatric Ophthalmology
8/2020- 8/2021

I served as the Senior Paediatric Ophthalmology Fellow in GOSH. This enabled me to widen my experience by managing a very broad range of conditions in close cooperation with an excellent team of consultants and highly specialized health professionals. I operated on a regular basis, increasing my experience in strabismus, and gaining confidence in paediatric cataract and a variety of simpler operations.

I participated in the teaching which is conducted weekly at a very high level.

I had managerial duties, as I was responsible to coordinate the work of the fellows on a day-to-day basis. I regularly saw ward patients, I managed parental concerns and queries over the phone and I remained in close contact with several other paediatric specialties and subspecialties in the hospital, to jointly manage the care of patients with multiple comorbidities.

King's College Hospital/ Great Ormond Street Hospital
Senior Clinical Fellow in Pediatric Ophthalmology
9/2019-8/2020

I worked in King's College Hospital, Lewisham Hospital, and Great Ormond Street Hospital for 11 months. During this period, I regularly performed the ROP round, I worked in paediatric, adult motility and botox clinics. I attended teaching on both trusts, and I delivered presentations to paediatric colleagues in Lewisham. I operated regularly (strabismus and adult cataract). During the pandemic, I helped support the service during unprecedented conditions. I participated in the on-call rota, which was very demanding.

Cambridge University Hospitals NHS Trust
Senior Clinical Fellow in Paediatric Ophthalmology
9/2018–9/2019

My timetable consisted of five clinics (General Paediatric Ophthalmology, Paediatric/ Neuro-Ophthalmology and Adult Motility). This enabled me to widen my clinical experience, as I am regularly managing a wide range of pediatric ophthalmology conditions. I operated on a regular basis (two paediatric ophthalmology surgical lists per week), under Consultant supervision. This allowed me to quickly demonstrate improvement and to perform my first squint operations as the lead surgeon.

I participated in the weekly departmental teaching and the weekly paediatric ophthalmology teaching.

I participated in the on-call rota. I regularly attended the IIH MDT. I provided guidance to my colleagues regarding inpatient/casualty pediatric patients.

Epsom and St Helier University Hospitals Trust
Clinical Fellow in Ophthalmology
10/2016–9/2018

For a period of almost two years, I served as a Paediatric and Neuro-ophthalmology Clinical Fellow, gaining extensive clinical experience. I gained valuable experience in the management of routine pediatric cases, including amblyopia treatment, refraction, and assessment of a variety of ocular pathology in young children, I had often worked unsupervised and during the final months, I supervised junior colleagues during their work in the clinic. I also supported our busy Casualty Service.

North West Anglia NHS Foundation Trust
LAS ST4 in Ophthalmology
8/2015–10/2016

Experience in Emergency, Cornea, Glaucoma and Minor Ops clinics

Cataract Theatre under Consultant supervision

Participation in 1:5 On-call rota

Participation in teaching and audit

2nd University Ophthalmology Department, Papageorgiou Hospital, Thessaloniki

Research Fellow in Ophthalmology

1/2015–8/2015

Participation in research protocols in the Anterior Segment Department.

Five outpatient clinics per week.

Preoperative assessment of cataract patients, risk stratification and audit of surgical results.

1st University Ophthalmology Department, AHEPA Hospital, Thessaloniki

Trainee in Ophthalmology

2/2012–1/2015

February 2012- May 2012: Inpatient Ophthalmology Department

June 2012- October 2012: General Outpatient Ophthalmology Clinics

November 2012- March 2013: Paediatric Ophthalmology and Glaucoma clinics

April 2013-September 2013: Medical Retina and Cornea clinics

June 2012- January 2015: Cataract theatre and Minor Operations under Consultant supervision

February 2012- January 2015: On Call (1:8 rota)

February 2012- January 2015 Retrieval of corneal grafts for the Greek Eye Bank (on call rota 1:4)

2nd University Ophthalmology Department, Papageorgiou Hospital, Thessaloniki

Research Fellow in Ophthalmology

5/2010–1/2012

Participation in research protocols in the Anterior Segment Department.

Five outpatient clinics per week.

Preoperative assessment of cataract patients, risk stratification and audit of surgical results.

Health Care Centre of Nea Maditos

SHO equivalent- Rural doctor

8/2009–4/2010

Everyday exposure in common surgical and medical conditions.

School vaccinations, responsible for care at home.

On call rota 1:5.

General Hospital of Naousa

Trainee in Ophthalmology

10/2007–7/2009

Inpatient Ophthalmology Department

Outpatient Ophthalmology Clinics

Surgical Training

On call (1:6 rota)

SKILLS

Clinical skills in Paediatric Ophthalmology

Cataract surgery

Strabismus surgery

Audit experience

Teaching

Participation in multicentre studies

Research and preparation of publications

Public speaking

Teamwork

RESEARCH

BRIGHTER and CRYSTAL: two ongoing 24-month (M) studies assessing the long-term efficacy and safety of a stabilization criteria-driven pro re nata ranibizumab 0.5 mg (RBZ) dosing regimen in patients with branch and central RVO (BRVO and CRVO).

CONGRESSES

Participation in over 80 national and international congresses. Over 70 oral presentations and electronic posters.

AWARDS AND DISTINCTIONS

Spiros Georgaras scholarship, HSIOIRS (Hellenic Society of Intraocular Implants and Refractive Surgery), 2016

Best video in HSIOIRS (Hellenic Society of Intraocular Implant and Refractive Surgery, ESCRS counterpart) congress, Athens, 2015

Best video in Pan-Hellenic Ophthalmological Congress, Ancient Olympia, 2015

John Henahan award, ESCRS, 2014

Travel bursary from HSIOIRS to attend the 2013 ESCRS Congress

Observership grant, ESCRS, 2012

PUBLICATIONS

Morphological Characteristics of Drug-Eluting Biodegradable Polymeric Thin Films Developed on the Surface of Intraocular Lenses by Three Techniques: A Comparative Study.

Karamitsos A, Lamprogiannis L, Karagkiozaki V, Koutsogianni A, Chakim Z, Ziakas NG, Tsinopoulos I, Logothetidis S. *Cureus*. 2021 Nov 17;13(11):e19674. doi: 10.7759/cureus.19674. eCollection 2021 Nov. PMID: 34976462

Design, characterisation, and drug release study of polymeric, drug-eluting single layer thin films on the surface of intraocular lenses.

Karamitsos A, Lamprogiannis L, Karagkiozaki V, Laskarakis A, Papadopoulou L, Fatouros D, Ziakas N, Logothetidis S, Tsinopoulos I. *IET Nanobiotechnol*. 2020 Aug;14(6):501-507. doi: 10.1049/iet-nbt.2020.0005. PMID: 32755960.

Ophthalmology Training in Greece as Perceived by Resident Ophthalmologists in the Times of Crisis: A National, Questionnaire-based Survey.

Lamprogiannis L, Tzamalidis A, Tsaousis KT, Ziakas N, Symeonidis C, Karamitsos A, Dimitrakos S, Tsinopoulos I. *J Curr Ophthalmol*. 2020 Mar 23;32(1):88-93.

Design and fabrication of drug-eluting polymeric thin films for applications in ophthalmology.

Lamprogiannis L, Karamitsos A, Karagkiozaki V, Tsinopoulos I, Gioti M, Fatouros DG, Dimitrakos S, Logothetidis S. *IET Nanobiotechnol*. 2018 Dec;12(8):1074-1079. doi: 10.1049/iet-nbt.2018.5151.

Bilateral identical intervals between phacoemulsification procedures performed 23 years before retinal detachment.

Symeonidis C, Lamprogiannis L, Tsinopoulos I. *Oman J Ophthalmol*. 2018 Sep-Dec;11(3):274-276.

Preoperative evaluation of human crystalline lens hardness using A-scan ultrasound biometry: a pilot study.

Tsaousis KT, Lamprogiannis LP, Dimitrakos SA, Tsinopoulos IT. Int J Ophthalmol. 2016 Oct 18;9(10):1521-1523. eCollection 2016. No abstract available.

Training of Resident Ophthalmologists in Cataract Surgery: A Comparative Study of Two Approaches.

Tzamalīs A, Lamprogiannis L, Chalvatzis N, Symeonidis C, Dimitrakos S, Tsinopoulos I. J Ophthalmol. 2015; 2015:932043. Epub 2015 May 14.

Contribution of integrated teaching in the improvement of an undergraduate ophthalmology curriculum.

Tsinopoulos IT, Symeonidis C, Tsaousis KT, Mataftsi A, Chalvatzis N, Tzamalīs A, Lamprogiannis LP, Dimitrakos SA. Adv Med Educ Pract. 2014 Nov 19; 5:433-7. eCollection 2014.

Measurements of elastic modulus for human anterior lens capsule with atomic force microscopy: the effect of loading force.

Tsaousis KT, Karagiannidis PG, Kopsachilis N, Symeonidis C, Tsinopoulos IT, Karagkiozaki V, Lamprogiannis LP, Logothetidis S.

Int Ophthalmol. 2014 Jun;34(3):519-23. Epub 2013 Sep 15.

Imaging characteristics of delayed surface calcification in hydrophilic intraocular lens models.

Tsinopoulos IT, Lamprogiannis LP, Tsaousis KT, Dimitrakos SA. Int Ophthalmol. 2013 Oct;33(5):601-4. Epub 2013 May 31.

Surgical outcomes in phacoemulsification after application of a risk stratification system.

Tsinopoulos IT, Lamprogiannis LP, Tsaousis KT, Mataftsi A, Symeonidis C, Chalvatzis NT, Dimitrakos SA. Clin Ophthalmol. 2013; 7:895-9. Epub 2013 May 16.

CERTIFICATIONS

English: C2

German: C2

Spanish: B2

Greek: Native speaker

Course in Standardized Echography

Course in Ocular oncology

CCT in Ophthalmology

EBO title in Ophthalmology

AFFILIATIONS

GMC membership with license to practice and on the specialist register

Affiliate member of the RCOPHTH

Member of the ESCRS

Member of the HSIOIRS (Hellenic Society of Intraocular Implants and Refractive Surgery)

Member of the SIDUO (Societas Internationalis pro Diagnostica Ultrasonica in Ophthalmologia)

Member of the HOS (Hellenic Ophthalmological Society)

Member of the Ophthalmological Society of Northern Greece